



BlueCross BlueShield
of New Mexico

MyNurse 24/7 Support Line

**Nurses Available Anytime
You Need Them**

Luminare HealthSM

Nurse Support 24/7

You have access to medical guidance around the clock at NO COST to you. MyNurse 24/7 is your first resource for immediate clinical guidance on everyday health issues. Support is available in English, Spanish and 240 other languages.

Avoid unnecessary trips to the doctor

MyNurse 24/7 helps you avoid unnecessary and costly trips to the doctor or ER. Plus, our nurses may be able to help identify an emerging condition before it becomes severe.

Contact MyNurse 24/7 for information on:

- Infant Care
- Senior Care
- Minor Injuries
- A new diagnosis
- Everyday health issues
- Chronic disease symptoms
- And much more!

**Add the MyNurse 24/7 phone number in your contacts today, because health happens 24/7.
To reach a nurse, call 866-366-6877***

*In case of emergency, please call 911.

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