

Online self-service of your health benefits

with the myPromiseHealthPlan member portal

Opt in for electronic communications

By opting in, you can receive helpful info about your benefits and health via email and engage on-the-go. You can also receive an email when your electronic explanation of benefits (EOB) is available.

Access your benefits and claims

Quickly access benefits and claims information for you and your family.

Review all your expenses in one place

You can review all your claims, deductible, and out-of-pocket balances with just a few clicks.

Connect through the Message Center

Connect with customer service when you have questions, including the ability to immediately send a question about a claim while viewing its details.

Get a full look at your benefits

Click the My Benefits tile to review the details of your plan, including your coverage, your member ID, and your dependents and their information.

Find a Provider

You can click the link in the My Links tile to find an in-network provider near you. (The exact wording of this link will vary depending on the specifics of your plan.)

The screenshot shows the myPromiseHealthPlan member portal interface. Callouts point to the following features:

- Opt in for fast electronic communications:** Points to the 'My Expenses' and 'About Me' links in the top navigation bar.
- Click Español to view the portal in Spanish:** Points to the 'Español' link in the top right corner.
- Review your claims and deductible and out-of-pocket amounts:** Points to the 'My Dashboard' section, which includes 'My benefits' (Medical, Dental, Plan, Vision) and 'My costs' (Benefit year 01/01/2022 - 12/31/2022 as of today's date, Plan Benefits: \$424.99, My Costs: \$111.01).
- View your coverage and dependent info:** Points to the 'My Dashboard' section.
- Ask a question:** Points to the 'Messages' link in the top navigation bar.
- Find a provider:** Points to the 'Find a Promise Health Provider' link in the 'My Links' section.

Visit the myPromiseHealthPlan.com member portal to login or register

