



Shop for Care and Save Money

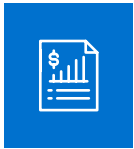
As part of your health benefit plan, you have access to Valenz Bluebook, a tool that lets you shop for medical procedures at local in-network facilities to find the best price and get an out-of-pocket cost estimate.

Benefits of Valenz Bluebook



IT'S FAST.

With a simple search you can find providers near you who offer quality care at a fair price and get a cost estimate before you schedule care.



IT'S EASY.

Valenz Bluebook uses an easy-to-read teal/blue/orange system to show which providers charge a fair price and which ones charge the highest price for the same care. A fair price is the reasonable amount you should expect to pay for a procedure or medical service.



At or Below Fair Price



Slightly Above Fair Price



Highest Price



IT SAVES YOU MONEY.

The price for care can vary a lot depending on where you go. Looking for green or yellow providers will help you save money while still receiving high-quality care. Here's an example of how much the price for a procedure can vary depending on where you go for care:

Total Knee Replacement



At or Below Fair Price



Slightly Above Fair Price

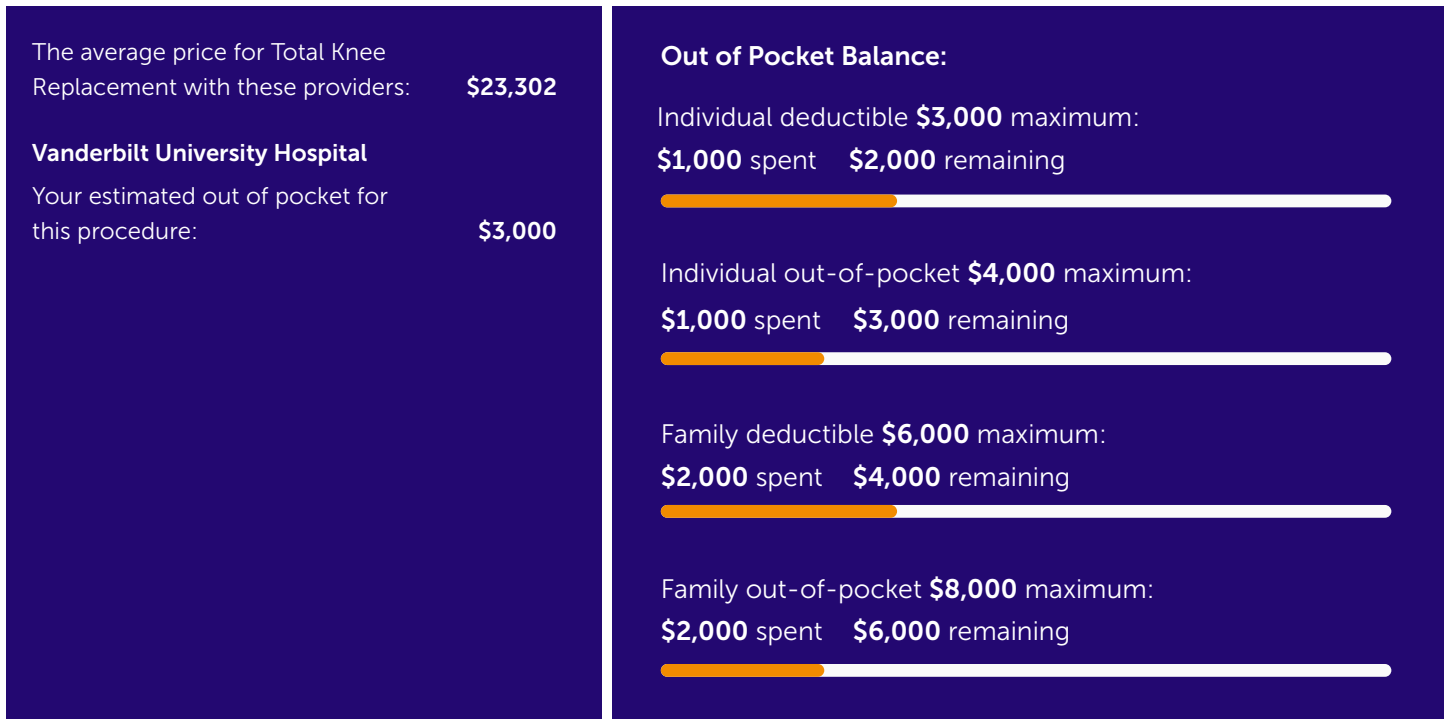
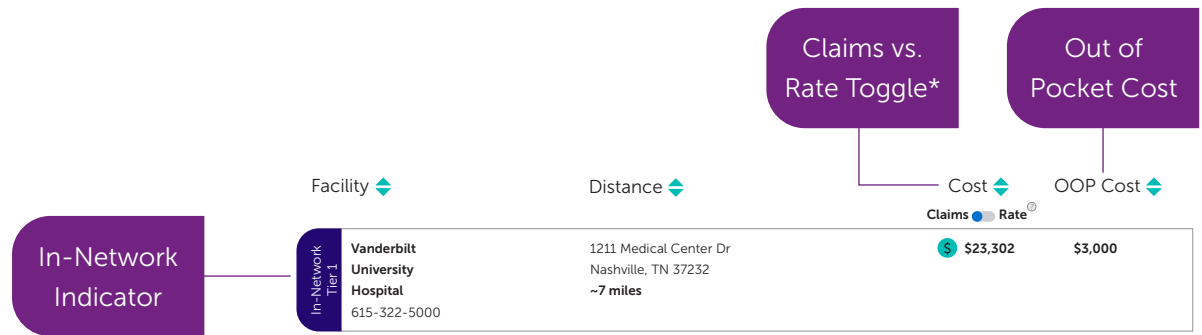


Highest Price



IT HELPS AVOID SURPRISES.

In addition to helping you save money by searching for green and yellow providers, **Valenz Bluebook** also gives you an estimated out-of-pocket cost at local in-network medical facilities so you can plan ahead.



***Claims** – The historical amount paid to the providers for the selected service plus common related services.

Rate – The reported negotiated rate between your health plan and the provider for the selected service. This is the amount that your health plan or health insurance issuer has contractually agreed to pay to this provider for the covered item or service.

Get Started Today

To get started with Valenz Bluebook, log in to your member portal, myPromiseHealthPlan.com. Then click the Valenz Bluebook link in the My Links section of your home page.

If you have any questions, just call the number on your ID card.

