



Support Solution

Digital Resources

Our integrated behavioral management program is here to assist you and your immediate family members with unique digital solutions. Count on Support Solution when you need help with stress, depression, anxiety, and other personal concerns.

Login to Support Solution through myEVHC.com



Phone



Text



Email



Video



Online



Self-Led

Digital Tools for Your Convenience



Secure video, phone, or web-based counseling



Practical tools and resources to improve skills in mindfulness, resiliency, and more



Textcoach™ with a licensed therapist



Bilingual content (English and Spanish)

* Powered by CuraLinc Healthcare. CuraLinc is not an affiliate of EVHC.

Login to myEVHC.com and click mySupportSolution - for your emotional wellbeing link.

