



Personalized Pregnancy and Adoption Support

With Maternity Management

Enroll in the Maternity Management program today. Call the Wellstar Concierge Team at 1-833-932-3912.

As part of your health benefit plan, you have access to personalized, one-on-one support from a registered maternity nurse throughout your or your partner's pregnancy or adoption through the Maternity Management program at **no additional cost to you.**

**One-on-one
support**

**No additional
cost**

**Understand and address
risk factors**

**Personalized
outreach**

All Maternity Management nurses have extensive hands-on experience in maternity, neonatal, and infant care and can answer all your related questions, including those about:



Your health history



Potential pregnancy
risk factors and how
to minimize them



Gestational diabetes



Safe diet and
exercise routines



Travel during
pregnancy



Post-partum
concerns and support



Childcare issues

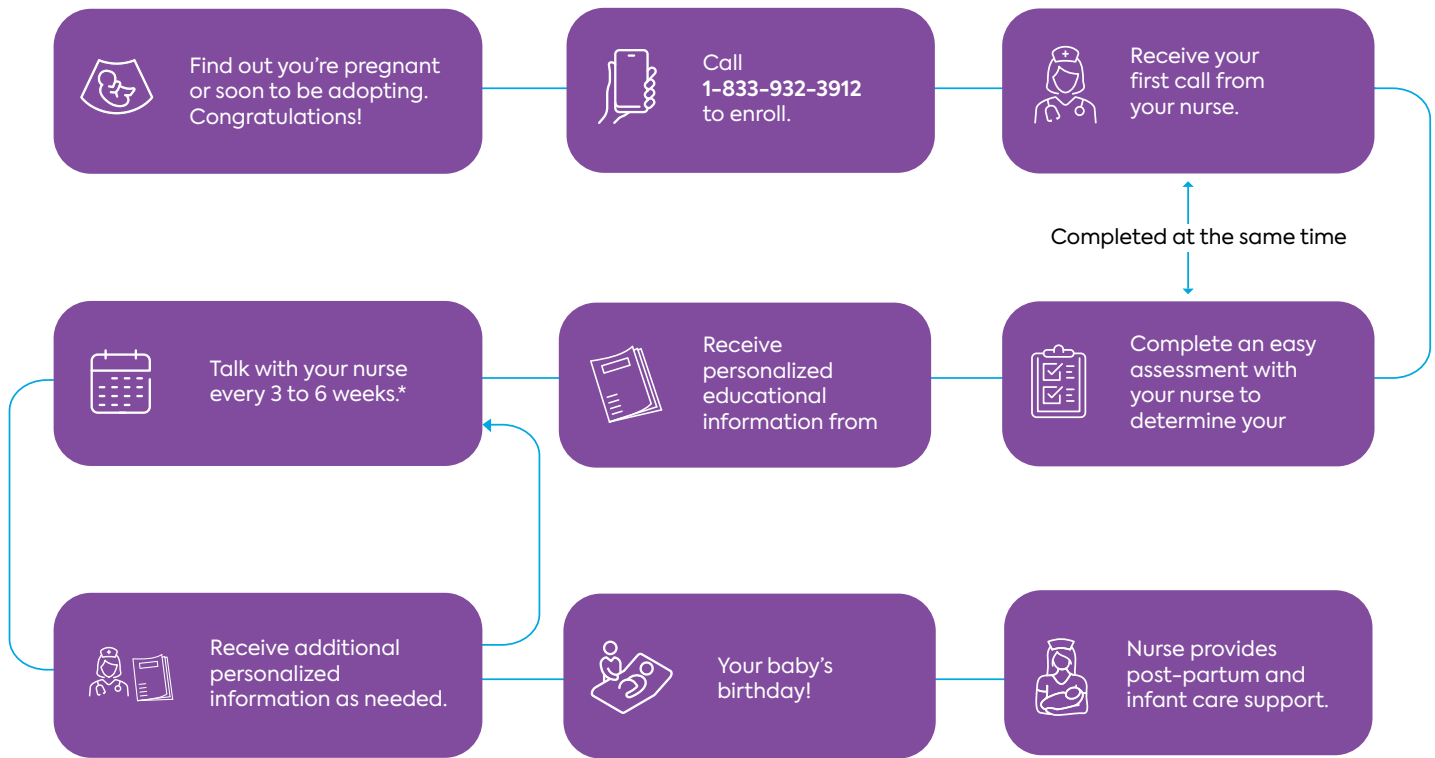


Available
community resources

If necessary, your nurse will even contact your physician to help coordinate your care.

How the Program Works

Wellstar Health Plan Maternity Management



*Frequency of nurse outreach depends on your risk factors and preferences.

Call the Wellstar Concierge Team at **1-833-932-3912** to enroll in Maternity Management as soon as you learn you're expecting. We'll be here every step of the way to support you and your baby.