

Three Reasons to Schedule Your Annual Exam Now

Your primary care physician looks after your long-term health, not just your current symptoms. Seeing your doctor regularly helps:



Manage any current health conditions

Call and make your annual preventive care appointment today.

YES



Catch any new health issues before they become more serious

DO YOU HAVE A PRIMARY CARE PHYSICIAN?



NO



Potentially save healthcare costs in the long-term

Log onto **ABC Company member portal** to find an in-network physician near you.

If you have any questions, call the number at the top of your ID card. In an emergency, always call 911.