



BlueCross BlueShield of Illinois



Personalized Pregnancy and Adoption Support

with the Maternity Management Program

Enroll in the Maternity Management Program today. Call 1-833-345-1240.

As part of your health benefit plan, you have access to personalized, one-on-one support from a registered maternity nurse throughout your or your partner's pregnancy or adoption through the Maternity Management Program at no additional cost to you. **One-on-one support. No additional cost. Understand and address risk factors. Personalized outreach.**

All Maternity Management Program nurses have extensive hands-on experience in maternity, neonatal, and infant care and can answer all your related questions, including those about:



Your health history



Safe diet and exercise routines



Childcare issues



Potential pregnancy risk factors and how to minimize them



Travel during pregnancy



Available community resources



Gestational diabetes

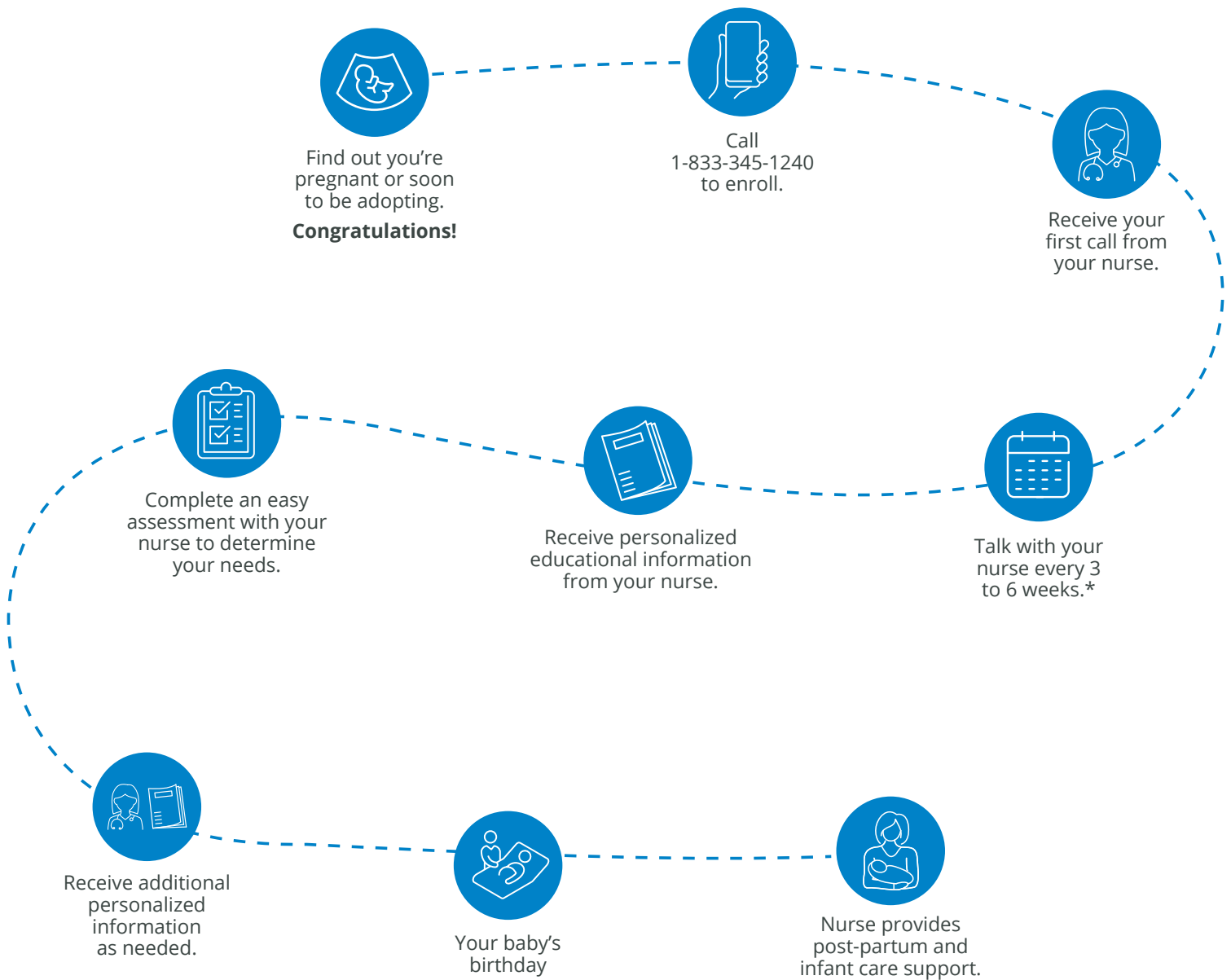


Post-partum concerns and support

If necessary, your nurse will even contact your physician to help coordinate your care.

How the Program Works

Blue Cross and Blue Shield of Illinois



*Frequency of nurse outreach depends on your risk factors and preferences.

Call 1-833-345-1240 to enroll in the Maternity Management Program as soon as you learn you're expecting. We'll be here every step of the way to support you and your baby.