Luminare Health: Introduction to Clinical Review Criteria

About MCG

For over 30 years, MCG's physician and nurse editors have been analyzing and classifying peer-reviewed papers and research studies to develop clinical review criteria in strict accordance with the principles of evidence-based medicine. MCG's clinical content offers guidance to healthcare providers as they manage customers throughout their health journey.

About Luminare Health & MCG

Luminare Health believes MCG clinical content aligns with our goal of using criteria that are comprehensive and specific to our unique population and treatment issues experienced by our customers. We also believe that MCG clinical content supports regulatory compliance with respect to states that mandate use of utilization review and non-profit criteria. It is Luminare Health's goal that use of MCG criteria will provide access to the most up-to-date evidence-based practice guidelines and bring consistency to the care review process.

About MCG Guideline Development

MCG's goal is to gather and study the best available evidence to provide guidance for appropriate care across the entire spectrum of a customer's health journey. Annually, thousands of medical references are researched, reviewed, and analyzed by MCG's editorial team including resources from relevant professional society guidelines. Neither MCG nor its employees accept any remuneration from outside sources to support or influence guideline development. Guideline development is financially supported by licensing fees paid by MCG's clients.

About MCG Guideline Development: Behavioral Health

MCG proprietary content volumes for the clinical care of medical, surgical, and behavioral health patients are developed using the same consistent development practices and methods. Therefore, the development methods for Mental Health and Substance Use Disorders, or MHSUDs, and medical and surgical content are the same. MCG guidelines for MHSUDs and medical, surgical care address quantitative and nonquantitative treatment limitations in the same manner.

Behavioral Health Care guidelines align consistently with relevant professional societies. These sources are cited within the content and are clearly used as source material for all levels of behavioral health care.

Relevant professional society guidelines cited by MCG include:

- American Society of Addiction Medicine (ASAM);
- American Association of Community Psychiatrists (LOCUS);
- American Psychiatric Association (APA);
- Association of Ambulatory Behavioral Health (AABH);
- American Association of Child and Adolescent Psychiatry (CALOCUS-CASII); and
- Others.

About MCG Transparency Portal

The MCG Transparency Portal helps Luminare Health comply with emerging regulatory requirements by offering insight or transparency into the clinical guidance that was used to support a medical determination.

To view criteria used in behavioral health medical necessity decisions, customers can access the MCG Transparency Portal by following the instructions received in their correspondence from Luminare Health. Correspondence instructions need to be requested by calling 1-800-480-6658 and requesting to speak with a RN UM Care Manager.

If you have questions related to the MCG Transparency Portal, please contact 1-800-480-6658.

Summary

- MCG guidelines provide a consistent, evidence-based approach to reviewing the complex-decision-making required for all aspects of the customer's care.
- MCG develops guidelines in strict accordance with the principles of evidence-based medicine.
- MCG proprietary content volumes for the clinical care of medical, surgical, and behavioral health patients are developed using the same consistent development practices and methods.
- Behavioral Health Care guidelines align consistently with relevant professional society guidelines and these sources are clearly cited within the guideline content.
- Customers have access to the MCG Transparency Portal which offers transparency into the clinical guidance that was used by your healthcare provider to make a care determination.
- Treating providers are solely responsible for the clinical advice and treatment of customers and MCG's clinical content criteria is referenced to provide consistent, up-to-date guidance.