



BlueCross BlueShield of Texas



MyNurse 24/7 Support Line

Clinical guidance for everyday health issues

Nurse support 24/7

You have access to medical guidance 24/7/365 at NO COST to you. MyNurse 24/7 is your first resource for immediate clinical guidance on everyday health issues. Support is available in English, Spanish, or 240 other languages.

Avoid unnecessary trips to the doctor

MyNurse 24/7 helps you avoid unnecessary and expensive trips to the doctor or ER. Plus, our nurses may be able to help identify an emerging condition before it becomes more severe.

Contact MyNurse 24/7 for information on:

- Infant care
- Senior care
- Injuries
- A new diagnosis
- Everyday health issues
- Chronic disease symptoms
- And more!



MYNURSE 24/7



To reach a nurse,
call 866.366.6877

In case of emergency, please call 911.

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